



The Outlook staff wishes you joyful holidays and a happy new year! The next issue will be printed Jan. 7.

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Mako Sharks team & coaches make waves



Flying high:

Sgt. Justin Vincent, Headquarters and Headquarters Company, USAG Vicenza, flies through the air on his snowboard at Folgaria on a recent weekend. Vincent, president of Better Opportunities for Single Soldiers, said there are several BOSS trips planned for Soldiers who will stay in the local area over the holidays, including three free trips. See page 6 for details on upcoming trips and to find out what else is happening in the area.

Courtesy photo

173rd uncases colors, honors Soldiers, families

By Spc. Michael Sword
173rd ABCT Public Affairs Office

After a year-long deployment to Afghanistan in support of Operation Enduring Freedom X, the Sky Soldiers of the 173rd Airborne Brigade Combat Team uncased their colors in a ceremony on Hoekstra Field, Dec. 9.

In attendance were Soldiers of the 173rd, families of the brigade's wounded and fallen heroes, Mayor Achille Variati, the mayor of Vicenza, members of the Vicenza military community, as well as the 173rd's Medal of Honor recipient, Staff Sgt. Salvatore Giunta.

"It's important that we take this time to recognize our unit's sacrifices and accomplishments as it highlights the honorable service of this great brigade and reminds us of why we serve," said Col. James Johnson, 173rd ABCT commander.

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Photo by Barbara Romano, 7th JMTC Photo Lab

Col. James Johnson, 173rd ABCT commander, and Command Sgt. Maj. Nicholas Rolling, brigade command sergeant major, uncase the 173rd Airborne Brigade Combat Team's colors and signal the official end of their year-long deployment to Afghanistan at a ceremony on Hoekstra Field Dec. 9. The ceremony also honored the 173rd's fallen and wounded Soldiers and their families.

Upgrades to improve snow response

Story and photo by Laura Kreider
Outlook staff

New equipment will allow workers to clear snow from roads and spread salt and gravel faster and more efficiently at Caserma Ederle, Villaggio and other locales.

The Directorate of Public Works upgraded existing and purchased new heavy equipment to deal with snow fall and foul weather, following a year of efforts to modernize their operating equipment.

"One dumper truck and two UNIMOGS [multipurpose vehicles] equipped with snowplow and salt/gravel spreader have been purchased," explained Giampaolo Rizzo, DPW, chief of the Operations and Maintenance Division.

One of the existing driving mowers has also been equipped with a small snow blade,

See DPW, Page 2



Giorgio Bortolon, Directorate of Public Works, practices with new piece of equipment that will help with maintenance on high locations.

Clinic drills 'Code Pink'

By Annette Fournier
Outlook editor

The Health Clinic-Vicenza practiced their emergency response Friday with a drill for Code Pink – the response code for an infant abduction.

Though not a common occurrence, there have been cases of infant abductions from hospitals and clinics around the world. The health center staff routinely practice the Code Pink response, along with other emergency drills, making sure every staff member on every shift has a chance to practice, said Lt. Col. Randal Cassels, deputy commander for Nursing at the health center. There are several designated codes, such as a Code White for active shooter, which the clinic

See CLINIC, Page 3

Garrison News

Stay safe, sober when driving

National Center for Disease Control & Prevention

United States cost about \$51 billion a year.

December is National Drunk and Drugged Driving Prevention Month. This month consider what you can do to make injuries and deaths from impaired driving less of a threat.

♦ According to the National Highway Traffic Safety Administration, about three of every ten Americans will be involved in an alcohol-related crash at some point in their lives.

♦ In 2006, 13,470 people died in alcohol-impaired driving crashes, accounting for nearly one-third or 32 percent of all traffic-related deaths in the United States.

♦ In one year, more than 1.4 million drivers were arrested for driving under the influence of alcohol or narcotics. This accounts for less than one percent of the 159 million self-reported episodes of alcohol-impaired driving among U.S. adults each year.

♦ Alcohol-related crashes in the

During the holiday season and year-round, take steps to make sure you and your friends and family avoids driving under the influence of alcohol. Follow these tips from NHTSA:

♦ Plan ahead. Always designate a non-drinking driver before any holiday party or celebration begins.

♦ Take the keys. Do not let friends drive if they are impaired.

♦ If you're hosting a party this holiday season, remind guests to plan ahead and designate a driver, always offer alcohol-free beverages, and make sure all of your guests leave with a sober driver.

♦ Keep taxi numbers in your wallet or save numbers in your cell phone.

♦ If possible, avoid driving late at night, especially on the weekends - statistically the time when the most drunk driving crashes occur.

For more information, visit www.cdc.gov/MotorVehicleSafety/Impaired_Driving/impaired-driv_factsheet.html.



Photo by Lt. Col. David Konop

Mountains of mail: Staff Sgt. Sabrina Bramhall and Staff Sgt. Michael Davis, 909th Adjutant General Company (Postal) from Portland, Oregon, help sort packages at the Vicenza Postal Service Center Friday. The piles were less than half of one day's delivery. PSC employees are asking community members to check their mail frequently and pick up packages quickly to make room for the large deliveries arriving daily.

Driving drunk can cost license, POV, freedom

By Annette Fournier
Outlook editor

Forfeiture of a brand new \$44,000 vehicle that still has five years of payments on it and a €12,000 fine (nearly \$16,000) - that's the penalty one Soldier is paying for driving under the influence of alcohol.

Under Italian law, those caught driving with a blood alcohol content higher than the legal limit can lose their license, go to prison, pay fines and their vehicle can be confiscated. Penalties are doubled if a driver is caught between 10 p.m. and 7 a.m. or if they are involved in an accident.

Drivers younger than 21 or who have had a license fewer than three years cannot drive after having any alcohol - the legal limit is zero. Penalties are: BAC of .01-.05, fine up to €624; BAC of .05-.8, fine up to €2,667 and suspension of license. Drivers should show a copy of their stateside license if they have had a SETAF license fewer than 3 years.

For other drivers, the legal limit is .05,

roughly equivalent to two glasses of wine or two beers for most people. Penalties are: BAC of .05-.08, fine up to €2,000 and license suspension of up to 6 months; BAC of .08-1.5, fine up to €3,200, up to one year imprisonment, one year license suspension; BAC of 1.5 or higher, fine up to €6,000, imprisonment up to one year, two year suspension of license and vehicle confiscated permanently.

Anyone leaving the scene of accident will also have their vehicle confiscated and a BAC of 1.5 or more is assumed. The same penalties apply for those who refuse to submit to a test for drugs or alcohol. Public intoxication is illegal in Italy. Fines are up to €309. Soldiers from 173rd ABCT should call staff duty if they need help finding a cab. Headquarters SD is at 634-6005.

"We've seen two vehicles confiscated just in the last three weeks," said Master Sgt. Brian Mattingly, provost sergeant with the Provost Marshal. "If you're drinking, do not drive. A taxi is cheaper than losing your car. Have a buddy and a plan when you go out drinking."

DPW: Upgrades speed up snow removal

continued from Page 1

particularly useful for removing the snow from sidewalks. "This task, in the past, was completed by hand (shovel). Given the efficiency of all this new equipment, less salt is being used thus reducing damage on the asphalt," he said.

In addition to these vehicles, DPW also purchased one tracked, small digger to perform repair works on service and utility lines and a larger excavator which can reach to a depth of three meters, according to Rizzo. Also new are an elevating platform that allows employees to safely reach a height of 17 meters for maintenance and repair work on the roofs of the new four-story barracks, and for trimming and topping off trees.

Two new forklifts have been added to support the installation for the daily loading and off-loading activities, as well as their use in deployment and redeployment support.

"With the purchase of a street washing vehicle, needed to cut down on the pollution dust, we have completed the renewal of all the heavy equipment of DPW and we are ready to face new emergencies," added Rizzo.

"Above all, it is for snow removal that we have considerably increased our reaction and operation. We can perform simultaneously on Caserma Ederle and Villaggio; with one operator we can clear the snow and spread salt and gravel at the same time at a much faster rate than in the previous winter seasons," said Rizzo.

Speak Out

What is the best gift you've ever received?



1st Lt. William Swafford
2nd Bn., 503rd Inf. Regt.

"For me, being a platoon leader."



Felicia Coston
Child Development Center
398

"I got the best gift in 2007 - a car!"



Staff Sgt. Fahad Khan
2nd Bn., 503rd Inf. Regt.

"Receiving my Resiliency Training certificate."



Stephanie Grady
Family member

"Getting a membership to the J. Crew Shoe of the Month Club from my husband last Christmas."



1st Lt. Jesse Jensen
2nd Bn., 503rd Inf. Regt.

"The best gift was seeing all of our guys in Destined Company come home safe."

By Laura Kreider

CEREMONY: 173rd unveils traveling monument

continued from Page 1

During the ceremony, the 173rd ABCT Association unveiled a monument dedicated to all of the brigade's fallen heroes.

"This monument represents the fact that we will never forget our fallen heroes who gave their lives so that others could live," said Johnson.

"Every Soldier that gets wounded deserves to be recognized," said Ewa Payton, a spouse of a 2nd Battalion Soldier. "As a wife of a wounded Soldier, I definitely felt a deep connection to the other families and what they were going through."

"Overall, I thought it was done well, but it was also very sad," she added.

Johnson also thanked all members of the 173rd as well as family members, with a special emphasis on the family members of the fallen.

"Your presence today reinforced our efforts to never forget the sacrifices that your sons, brothers and husbands made so that we may succeed and live," he said.



Photo by Paolo Bovo, 7th JMTC Photo Lab

Maj. Matthew Buck accepts the guidon to take command of the Headquarters Support Company, U.S. Army Africa, from Maj. Gen. David R. Hogg, commanding general, at the change of command ceremony in the Post Fitness Center gym Dec. 10. The outgoing commander, Maj. Trice Burkes, is pictured behind Hogg.

Post-deployment is perfect time for relationship tune-up

By Annette Fournier
Outlook editor

Reestablishing intimacy with a spouse or significant other can be a challenge after a deployment and can take some work from both partners.

According to the Health Clinic Vicenza's Behavioral Health Department's reintegration pamphlet, "Welcome Home 173rd Airborne Brigade Combat Team", "Military couples often find that reunion may bring out feelings of uneasiness, and that their personal relationship is strained. Through an understanding of the effects of separation, you can better cope with the stress that accompanies reunion."

Couples can work through their feelings of anxiety or stress in their relationship after a long separation by supporting each other, said Chap. (Maj.) Douglas Thomison, USAG Vicenza Family Life Chaplain.

"Couples can support each other by noticing and looking for each other's needs," he said. "Think, what are his or her needs? For example, if they seem like they are struggling in a certain area, then extend your assistance and encouragement. Do not simply focus

on yourself, but on the other."

Couples who are having trouble reconnecting should intentionally set time aside to communicate.

"The emphasis should be on listening and being present. Give advice only when asked for," Thomison added.

Those challenges can extend to reestablishing relationships with children.

"Your kids may not warm up to you as fast as you would like," Thomison said. "Take your time. Try not to force your kids to quickly come around. Let them adjust on their own schedule. Slowly move back into these roles."

It's normal to have some challenges in a relationship after a year separated, Thomison said.

"Tension in relationships, such as expectations and possibly un-met expectations - that is normal," he said. "Feeling unsafe is not."

If at any time a family member feels unsafe in a relationship, they should reach out for help, calling the military police if necessary.

Couples who want assistance may want to visit a chaplain, physician, behavioral health professional, Army Community Service or a military family life consultant.

Relationship challenges & tips to work them out

Reuniting after a year of separation can bring changes and sometimes problems to relationships. Some challenges can include:

- ◆ Feeling your partner is a stranger.
- ◆ Unrealistic fantasies and expectations.
- ◆ Feeling anxiety about engaging in intimacy.
- ◆ Feelings of anger, hostility, stress or negative feelings about the separation.
- ◆ Concern about faithfulness during the separation.
- ◆ Feeling that you need to make up for lost time and rushing intimacy.

The following tips can help you address those concerns and ease some of the transition.

- ◆ **Communicate** – Communicating with your partner openly and honestly is an important step to becoming reacquainted and readjusting. It will help bring you closer and helps your partner understand how you feel.
- ◆ **Remember, it's normal** - Feeling anxious or awkward, needing time to re-adjust to the relationship and confronting some difficulties as you reunite are all normal reactions.

◆ **Give it some time** – Understand that both partners have changed and you've been apart for a while. Give yourself and your partner some time to readjust.

◆ **Discuss your feelings** – Talking about negative feelings and really listening to your partner goes a long way towards working through those feelings.

◆ **Don't assume the worst** – If you have concerns about fidelity or other issues, talk about them and if you need some guidance, get help from a chaplain or counselor who can help you work through things.

◆ **Avoid excessive use of alcohol** – Excessive use of mood-altering substances such as alcohol can magnify problems and increase emotional instability. Don't over do it, especially if you've been having any emotional instability. Don't discuss relationship problems after either partner has been drinking.

- Tips come from the Health Clinic Vicenza's Behavioral Health Department's reintegration pamphlet, "Welcome Home 173rd Airborne Brigade Combat Team".

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CLINIC: Drill intended as defense against abduction

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practiced in conjunction with this year's Lion Shake annual emergency preparedness exercise.

The Code Pink exercise lasted about 15 minutes and was conducted with no advance notice so staff members would react as they would in a real emergency. When the code is announced, assigned staff members go immediately to every exit and screen everyone entering and exiting the facility and the military police are notified.

A quick response time and thorough checks are paired with other elements to make up their Infant Abduction Security System, Cassels said.

"We drill to be sure everyone understands

their responsibilities," Cassels said. "It was a training exercise and I know that some patients may have been inconvenienced, and for that we apologize. For training purposes and to maintain the realism, we have to go through (all the steps)."

The steps include stopping community members and having them wait in the facility until the drill is completed.

The drill coincided with a scheduled visit of a team from Landstuhl Medical Center, who conducted an inspection to identify ways to help the clinic improve processes, Cassels said.

As for the Code Pink, Cassels said, "I think we did well. There was a good response, but training will continue in the future to ensure the best response possible. As in everything, we can always strive to be better. That's why we do it."

Caserna teens inducted into VHS Italian Honor Society

Story and photo by
Laura Kreider
Outlook Staff

During a ceremony held at the Vicenza High School Dec. 9, the VHS Andrea Palladio Chapter of the Italian Honor Society welcomed four new members.

The 2010-2011 inductees are: Brian Caraballo, Taylor Curry, Rima Gasparini and Alex Mckenzie.

The organization was founded in May by the high school's Italian teacher, Michela Ambruoso.

"This induction ceremony was important because nearly half of last year's members graduated or moved away," explained Ambruoso.

In order to enter this organization, students must currently be enrolled in Italian 3 or above and maintain a grade point average of at least 3.5.

"The Italian Honor Society works to promote the Italian culture throughout the high school by hosting events such as school exchange programs and field trips," she said.

Returning members include Kyle Wood, president, John Camuso, vice-president, Alessia Catena, secretary and Brenda Sanchez, treasurer. The returning members conducted the ceremony, welcoming the new members in both Italian and English.

The new members were officially initiated into the society after lighting their candles and reciting the honor society's oath. The ceremony concluded with a presentation of roses to all the members.



Italian Honor Society Secretary Alessia Catena facilitates the induction ceremony for new members, from left, Brian Caraballo, Taylor Curry, Rima Gasparini and Alex Mckenzie during a ceremony Dec. 9 at Vicenza High School.

High schoolers have their day in court with SJA, CID help at mock trial

By **Sasha Sibilla**
Outlook intern

When Tess Segura, judge for a day, called the court to order Dec. 13 in the Caserna Ederle military courtroom, all present for the trial rose to the occasion.

Armed with case studies, research materials and some of the fundamentals of criminal law, Vicenza High School students from Teacher Theresa Martin's advanced placement government class represented all aspects of the criminal court system in a mock trial to help the students better understand the inner workings of the legal system. Their trial included the judge, jury, prosecution, defense, star witnesses and court personnel.

The students were able to practice and put on a simulation of a trial involving a criminal case, with the help of Special Agent John Gueli, Criminal Investigation Division, Capt. Todd Gately and Capt. Lori Lincoln, both of the U.S. Army Africa Staff Judge Advocate.

The criminal and legal personnel met with the students three times to teach them about the various aspects of



Vicenza High School students take part in a mock trial as part of their advanced placement government class. Darneisha Rollins, right, acts as prosecutor, questioning Arden Holderby, witness, while the "legal teams" and other witnesses look on.

Photo by
Alessia Catena

the law, including the Fourth and Fifth Amendments, the differences in military and civilian law and answering the students' questions regarding their mock trial. The lawyers also helped both sides fine-tune their openings, examinations of witnesses, and closing arguments.

"The mock trial experience was overwhelming yet extremely rewarding at the same time" said Martin. "The students worked really hard to study and understand the case and the basics of due process and the court system. They also

learned rhetorical skills, critical thinking, the trial process and the fundamentals of criminal law."

After closing arguments were made by both the defense and prosecution, jurors from the community, including family members and civilians, deliberated the fate of the defendant. When the verdict was read, students from both sides listened attentively as though the trial were real. The defense won the trial.

"We had a great experience with the students," Gately said. "They were very

engaged, asked excellent questions, and were eager to learn. It was fun for us to reach out to the students and we were very impressed with their work.

"Ms. Martin's mock trial lesson was a great way to introduce her students to the legal profession. We hope the exercise encourages some students to pursue a career as an attorney and possibly with the JAG Corps. I hope the USARAF OSJA continues to support and expand our assistance with similar assignments in the future."

Family, businesses pitch in to host holiday meal for single Soldiers



Courtesy photo

Family member Kristy Taylor prepared dinner for 50 single Soldiers of the 173rd Airborne Brigade Combat Team on Thanksgiving. Local businesses donated products for the meal.

By **Sonya Day**
Special to the Outlook

Heroic deeds are not just done on the battlefield. This holiday season a family and local businesses joined forces to bring holiday cheer to 50 single Soldiers who were returning from deployment and wouldn't have a place to spend Thanksgiving.

Family member Kristy Taylor decided to host the holiday bash after hearing her husband, Sgt. 1st Class Seth Taylor, talk about his Soldiers talking about the holidays.

"It was inspired by a call from my husband when he was in Afghanistan, who told me the guys were still talking about the home cooked food I had prepared for them

before the deployment."

Taylor knew that single Soldiers, along with everyone who is far away from their family and traditions, can feel lonely without the usual holiday gatherings, laughs, and homemade food.

This started weeks of preparation and late nights for Taylor, and her mother Yvonne who lives with the Taylors. Providing a holiday meal for 50 people using a Villaggio Housing Area kitchen is no small feat but it was worth it, Taylor said.

A local *agricola* which produces olive oil, vegetables, and wine, as well as a California company, Nico Wine, heard about the festive event in advance and volunteered to help.

Local winemaker Azienda

Piovene Porto Godi, chipped in by blending a wine specially for the occasion. The Porto Godi winery owners, Dr. Tommaso Piovene and Dr. Mario Piovene, provided wines and other products for this event. It's not the first involvement with Americans for the winery and Agricola, which has given tours to Americans and offers tasting events.

On Nov. 25, 50 Soldiers of the Destined Company, 2nd Battalion, 503rd Infantry Regiment, consumed 70 pounds of turkey and all the extras at the backyard event.

One Soldier summed it up by saying, "Sometimes the things you took for granted before your first deployment are the things you enjoy the most when you come home."



Darby players perform 'A Mouse Christmas':

Soldiers and civilians performed in Camp Darby's presentation of "A Mouse Christmas" at the Livorno Post Chapel Sunday and Wednesday. Directed by Laura Gjere, the show featured 28 actors portraying the Christian story of Jesus' birth. "Laura did an excellent job teaching us from scratch how to perform on the scene," said Capt. Paul Fritts, USAG Livorno Chaplain, who played the role of Joseph in the comedic play. "Without her guidance and patience, this performance would not have been possible. The children have worked diligently to prepare for the chapel Christmas play and I am happy to see such a large participation." Above, Kathryn Fritts and Andrew Maul read a bedtime story about Jesus' birth to Liberty Kalin, Makenzie Goodwin, Sam Goodwin and Winnie Herrera in the play. Right, Danielle Ann Durga as Mary holds baby Jesus, played by Samantha Lego, while Capt. Paul Fritts, as Joseph, looks on.

Photos by Chiara Mattiolo



Tips can help families celebrate 'greener' holidays

USAG Vicenza Environmental Division

The holidays are a time of fun festivities, and they come with spending, present-giving, decorating and feasting. It can also be a time of excess.

Bank balances and waistlines can suffer when people over-do, but so too does a less obvious victim: the environment. Spending and consuming to excess has a negative effect on the environment by increasing our individual carbon footprint.

Try these tips to enjoy a "greener" Christmas.

Christmas Tree

Pick your tree up from an ecologically sustainable supplier, making sure that the roots are still attached to the tree. When Christmas is over, you can replant the tree in your garden, and re-use it the following year.

If replanting is not possible, you should recycle your tree.

An artificial tree can be used again and again, but ensure that it's made from natural materials that can be recycled.

Presents

Christmas is a time when many households splurge on a new fridge, freezer, washing machine or tumble dryer. These appliances are powered by electricity, but their efficiency varies enormously. Some models consume far less energy than others to do the same job.

Identifying energy saving appliances is easy. Look for the Energy Star or



Photo by Laura Kreider

Turning Christmas lights out when you leave the house or go to bed can help save energy and money.

Eco-Label logo. Only the most energy-efficient products are entitled to carry them, so by buying an appliance with these logos, you can be sure that you are doing your bit to save energy.

Moreover, buying an energy saving model will also save you considerable money on your electricity bills.

Although chances are you won't wrap a new refrigerator, remember to recycle wrapping paper from gifts.

Decorations

Decorating your home with lights to celebrate Christmas is a tradition we all enjoy, but a string of 100 Christmas tree lights used for 10 hours a day generates

enough carbon dioxide to fill 5 balloons!

The good news is there are plenty of ways to reduce the amount of energy used and carbon dioxide generated while still decorating your home with Christmas lights.

Switching from conventional to LED Christmas lights will reduce your energy consumption by 90 percent, and because they don't generate as much heat, you also reduce the risk of fire. A fiber-optic decoration can light a whole tree from a single bulb.

Turn your Christmas lights off when you go out and when you go to bed and as always, turn lights off in rooms you're not using.

Extra activity and people in your home and holiday cooking will heat up the house. Turn your thermostat down a degree or two.

Natural decorations, such as holly and mistletoe, can give your home a traditional, festive feel, and they can be composted in January. Grow your own in the garden for a ready supply.

Paper decorations, if packed away carefully, can be re-used the following year. Even better, get the children to contribute to your home's decorations by making their own from recyclable materials.

These steps can help you celebrate the holiday and help protect our environment.

For more ideas, visit the Environmental Protection Agency's webpage at www.epa.gov/wastes/wycd/funfacts/winter.htm.

Darby Dates

Visit the community calendar for upcoming events and details at www.usag.livorno.army.mil

Bowling alley eatery

The snack bar at the bowling alley is closed until Jan. 10.

Army Community Service classes

- ♦ The Marriage and Parenting Class is Dec. 16 at 5 p.m. in ACS.
 - ♦ Learn the Basics of investing and personal finances Dec. 28 at noon in ACS.
- Call ACS for more information at 633-7084.

Basketball Contest

Sign up now for the Hot Shot Basketball Contest Saturday from 11 a.m.-1 p.m. at the Fitness Center. Sign up Saturday by 10 a.m.

ITR trips

- Upcoming ITR trips are:
- ♦ Vicenza shopping trip, Saturday;
 - ♦ Wine Tasting, Sunday;
 - ♦ Rome trip, Tuesday;
 - ♦ Florence trip, Wednesday.

Darby Community Club

- ♦ New Year's Eve Bash on Dec. 31 - Ring in the New Year with cocktails and a four-course dinner. Space is limited. Join the 'After Dinner' party at 10:30 p.m. and enjoy party favors, a DJ and champagne at midnight. Tickets are on sale now at the DCC. For more information, call 633-7855.

Stay safe during the holidays

The community is reminded to stay safe during the holidays. Designate a driver or take a taxi. Never drink and drive!

Religious activities

- 9:40 a.m. Catholic reconciliation
 - 10 a.m. Catholic Mass
 - 11:15 a.m. Protestant worship
 - 10 a.m. Protestant Sunday school
 - 11:15 a.m.: Catholic CCD
- Don't miss the "Mouse Christmas" play Sunday at 11:15 a.m. and Wednesday at 6 p.m.

Local festivals & shows

Italian Holidays

Dec. 26 is an Italian national holiday. It is the Feast of St. Stephen, the first Christian martyr.

Jan. 6 is another national holiday in Italy, which celebrates the visit of the Magi (The Wise Men) to the infant Jesus.

It's also known as "La Befana", which is a kind, ugly and old hunchbacked witch with a crooked nose. She is dressed in rags and travels on a flying broomstick carrying a self-replenishing sack full of presents for children.

Vicenza Christmas market:

Corso Fogazzaro and Corso Palladio, ongoing to Jan. 9, 9 a.m.-8 p.m. Features typical Christmas products from Italy and abroad.

Christmas Market: Friday-Sunday and Wednesday-Dec. 24, 8 a.m.-8 p.m., in Piazza dei Signori, Piazza Biade, Piazzetta Palladio, Piazza Garibaldi.

Bertesinella Church Christmas market: ongoing through Sunday in Vicenza, Bertesinella Church, Via da Montegalio 4. Monday-Friday 3-7 p.m.; Saturday-Sunday: 9:30 a.m.-noon & 3:30-6 p.m.

Santa Claus Village: Piazza San Lorenzo, open daily through Dec. 25 from 8 a.m.-8 p.m.; Dec. 24: 8 a.m.-11 p.m. Christmas presents and decorations, seasonal plants, fruits and vegetables, hot chocolate and mulled wine.

Carousel rides for children: ongoing through Dec. 24, in front of the Teatro Olimpico. Saturdays & Sundays, 10 a.m.-8 p.m.; weekdays 4-8 p.m.

Mini train rides: ongoing through Dec. 24, 10 a.m.-noon & 3:30-8 p.m. departing and arriving in Piazza Matteotti. Visit the Christmas market and downtown Vicenza by train. Ticket: €1 for each family.

Christmas music: Saturday, 3:30 p.m., in Piazzetta Fabiani. Children caroling and bagpipers from Abruzzo. Free roasted chestnuts, hot spiced wine and hot chocolate.

Live Nativity Scene Parade: Saturday at the San Michele dei Servi Church in Piazza Biade at 5 p.m. and at the Gonfalone Chapel in Piazza Duomo at 7 p.m.

Arzignano Christmas market:

Saturday & Sunday, about 16 miles west of Vicenza at Villa Mattarello & Corso Mazzini 22. Saturday: market, 10 a.m.-12:30 p.m. & 3-7:30 p.m. Train rides: 3:30-7:30 p.m. Choir performance: 3:30 p.m. Children's entertainment, puppet show, clowns, magic tricks: 4:30 p.m. Classical music concert at the town hall, Piazza Libert , 12:5:30 p.m. Sunday: market and train rides, 10 a.m.-12:30 p.m. & 3-7:30 p.m. Children caroling: 3:30 p.m. Christmas choirs: 5 p.m. Children's shows: 5:30 p.m.

Asiago Christmas market:

Saturday & Sunday, 10 a.m.-12:30 p.m. & 3:30-7 p.m., 37 miles

north of Vicenza in Piazza Carli.

Bassano del Grappa Christmas market:

Ongoing to Dec. 24, about 23 miles northeast of Vicenza in Piazza Libert , Tuesdays, Wednesdays, Fridays and Sundays 9:30 a.m.-7:30 p.m.; Thursdays and Saturdays 2-7:30 p.m.; Market in Piazza Garibaldi, Tuesday-Sunday, 9:30 a.m.-7:30 p.m. Antique carousel in Piazzotto Montevecchio & Santa's village. Saturday & Sunday, miniature train in historical center.

Camisano Christmas market:

Sunday, 9 a.m.-7 p.m., Piazza Umberto, about 12 miles east of Vicenza.

Carr  Christmas Market

Sunday, starts 3 p.m. in downtown Carr , about 22 miles north of Vicenza. Food booths featuring local agricultural and craft products, lamb kebabs, hot chocolate and hot spiced wine.

Creazzo - Babybuskers:

Saturday, starts 3 p.m. in Piazza del Comune, about 5 miles west of Vicenza. Entertainment for children with music and theatrical performances, puppet shows, clowns, magic tricks and much more. Donations will be given to the flood victims.

Laghi Christmas market:

Dec. 24 and Dec. 26, about 34 miles north of Vicenza. Local products and Christmas homemade crafts, traditional holiday sweets, hot spiced wine and hot chocolate.

Lonigo Christmas market:

Sunday, 2-5 p.m. in Via Garibaldi, Piazza XX Settembre & Via Ognibena, about 20 miles southwest of Vicenza. Santa Claus arrives at 3 p.m. with sweets for children. Antiques & collectibles.

Montecchio Maggiore Christmas market:

Saturday, starts 3:30 p.m. in Piazza Carli e Fracon, about 8 miles southwest of Vicenza. Live Nativity scene and entertainment for children.

Noventa Vicentina-Christmas market:

Saturday and Sunday, starts 3 p.m., Corso Matteotti, about 20 miles south of Vicenza. Local products and crafts exhibit and sale. Live music, bingo and free hot chocolate for everyone.

Sandrigo Christmas market:

Ongoing through Jan. 6, starts 3:30 p.m., Sundays starts at 10 a.m., in Piazza Duomo e Piazza SS Filippo e Giacomo, about 9 miles north of Vicenza. Christmas market, agricultural products exhibit and sale, concerts and shows for children.

Nativity Scenes Exhibit:

Ongoing through Jan. 23, 9 a.m.-8 p.m. at the Arena in Verona. It features more than 400 nativity scenes from around the world. Entrance fee: €7; reduced cost of €6 for children 6-12 and senior citizens older than 60.

Nativity Scenes exhibit:

Saturday-Jan. 6 in Romano D'Ezzelino, Chiesetta Torre,

Loc. San Giacomo, Via Generale Giardino, about 26 miles north of Vicenza. More than 150 nativity scenes coming from private collections from all over the world. Sundays and holidays 10 a.m.-noon and 3-7 p.m.; Saturdays 3-7 p.m.; weekdays 2:30-5 p.m.

Live Nativity Scene:

Sunday, Dec. 23 -24 and Jan. 6, 5-7 p.m. in Romano D'Ezzelino, Colle di Bastia, about 26 miles north of Vicenza. Historical re-enactment and Christmas caroling.

Run Santa Run:

Corri Babbo Natale Corri, or Run Santa Run, is Saturday in Vicenza. The Vicenza Press Association and the City of Vicenza are co-sponsoring the fifth annual charity fundraiser downtown 11 a.m.-12:30 p.m. starting and ending at Campo Marzo, the park near the main train station. The €8 entrance fee includes a lightweight Santa suit to run in and hot chocolate and cake at the finish (€5 if you already have a Santa suit). Individuals and groups of all ages are welcome. All the money raised goes to Italian charities and to local flood victims. To register, call 0444-513585. If you need help, call Anna Terracino at 634-7169 or send an e-mail to anna.terracino@eur.army.mil.

Roman cryptoporticus:

Free guided visit in Vicenza, Piazza Duomo. Saturday, 10-11:30 a.m. and Dec. 26, 10 a.m.-noon & 2:30-4 p.m.; Wednesday: 10 a.m. - noon. A cryptoporticus is a covered gallery that was a characteristic feature of the ancient Roman villas. It was usually designed to provide shade and a cool place for walking.

FREE concerts, exhibits & events

Painting exhibit:

Joe Stein exhibit, Sunday-Jan. 16 in Vicenza, LAMeC, Basilica Palladiana, Piazza dei Signori. Tuesday-Sunday, 10:30 a.m.-1 p.m. and 3-7 p.m.

Memorabilia exhibit:

Ongoing through Jan. 30 in Vicenza, Casa Cogollo, Corso Palladio 165. Tuesday-Sunday 10:30 a.m.-1 p.m. & 3-7 p.m.

Live blues concert:

Dec. 16, 9:30 p.m. in Vicenza, Country Club Restaurant, Strada Vicinale Monte Crocetta 6.

Drop Simpler:

Live band, Friday, 9:30 p.m. in Vicenza, Il Dragone Restaurant, Via della Robbia 15. Rock and Country Music covering four decades of popular hits.

Gospel & Spiritual Concert:

Tony Washington performs Friday at 9 p.m. in Arzignano, Teatro Mattarello, Via Mazzini 22.

Folk concert:

Trent Miller & the Skeleton Jive Folk Noir UK and Lord Walkman Folk Punt: Friday, 9 p.m. in Vicenza, Bar Saratea, Corso S. Felice e Fortunato 362.

Gospel Concert:

Saturday, 8:30 p.m., Servi di Maria Convent, Via Giarre 27, Vicenza.

Sardinian dance:

Group dance performance

Saturday, 5 p.m., in Vicenza, Piazza Matteotti.

Christmas Concert:

Sunday, 4:30 p.m. in Vicenza, Chiesa di San Paolo, Viale Carducci 13. Instrumental and choral ensemble.

Christmas Concert:

Sunday at 8:30 p.m. in Costabissara, S. Giorgio Church, Via Chiesa 15.

Christmas concert:

Sunday in Barbarano Vicentino, 8 p.m., Piazza Roma 10.

Christmas concert:

Dec. 23, 9 p.m., in Vicenza, S. Andrea Church, Via Pizzocarro 49.

Classical music concert:

Dec. 29 at 8:30 p.m. in Sports Center of Arcugnano, Via Torri.

Christmas concert:

Dec. 30, 8:30 p.m., in Altavilla Vicentina, Sports Center, Piazza Libert . Music by Mozart, Puccini, Verdi, Brahms and Leoncavallo.

New Year concert:

Jan. 1, 5 p.m. in Vicenza, San Pietro Church, Piazza San Pietro.

Explore the sky:

Astronomical Observatory of Arcugnano, Tuesday at 8:30 p.m., Via S. Giustina, 127, about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

ODR trips

Ski Folgaria Wednesday, Jan. 1 or 5 for excellent slopes for beginners and families. Transportation is \$25 and you can rent ODR equipment.

Ski San Martino Dec. 24, some of the most spectacular scenery in Europe. Transportation cost is \$30.

Winter in Asiago Dec. 29, enjoy ice skating and the season in this beautiful city. Cost: \$30; free for children 2 and younger.

New Year's in Ljubljana, Slovenia, celebrations with concerts taking place at various locations in the city center. Overnight stay is \$200 and add New Year's dinner

for an additional €93. Call ODR for pricing for children and singles.

Ski Kronplatz Jan. 8.

Voted top child-friendly skiing destination with a 360-degree view across the Dolomite mountains. Transportation cost: \$35.

See the complete ODR schedule online at www.VicenzaMWR.com.

Single Soldiers events

Don't sit in the barracks during the break! The following trips are available free or for a discount price for single Soldiers.

Soldiers must bring their own equipment or rent it from Outdoor Recreation. Prices do not include rental. Sign up for trips at ODR. All trips are first come, first served. For more info, call Sgt. Justin Vincent at 634-6475 or 335-751-8529.

San Martino FREE Ski/Snowboard trip, Dec. 20, 10 slots available. Departs 6 a.m. from ODR parking lot.

Folgaria Ski/Snowboard trip, Dec. 22, five slots available, \$10. Depart 7 a.m. from ODR parking lot.

Mystery FREE Ski/Snowboard trip, Dec. 23, 10 slots available. Departs 6:15 a.m. from ODR parking lot.

San Martino Ski/Snowboard trip, Dec 24, five slots available, \$10. Departs 6 a.m. from ODR parking lot.

Mystery FREE Ski/Snowboard trip, Dec. 27, 10 slots available. Departs 6:15 a.m. from ODR parking lot.

Heli Ski weekend in Cervinia, Jan. 15-18, \$300. Includes transportation and lodging.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com

Now Showing



Ederle Theater

Thursday	Wall Street Money Never Sleeps (PG13)	6 p.m.
Friday	Secretariat (PG)	6 p.m.
	Case 39 (R)	9 p.m.
Saturday	Narnia: Voyage Dawn Treader (PG13)	3 p.m.
	My Soul to Take (R)	6 p.m.
Sunday	Narnia: Voyage Dawn Treader (PG13)	3 p.m.
	My Soul to Take (R)	6 p.m.
Weds.	Secretariat (PG)	6 p.m.
Dec. 23	Case 39 (R)	6 p.m.

Camp Darby Theater

Friday	Harry Potter & Deathly Hallows (PG13)	6 p.m.
Saturday	My Soul to Take (R)	6 p.m.
Sunday	Tangled (PG)	1 p.m.
Dec. 24	Case 39 (R)	6 p.m.

Admission: Age 12 and older, \$4, younger than 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at www.shopmyexchange.com/ems/euro/vicenza.htm or www.aafes.com/ems/euro/livorno.htm.

Airport shuttle bus

PCSing and separating personnel who plan to use the shuttle bus to the Marco Polo Airport should call 634-6996 to reserve seats. All others should plan for back-up transportation in case the bus is full.

Chapel schedule

Friday, Protestant Children's Christmas Musical, 6:30 p.m.

Dec. 24: Catholic Children's Christmas Pageant, 3:30 p.m.; Catholic Family Mass, 4 p.m.; Protestant Candle Light Service, 7 p.m.; Catholic Midnight Mass, midnight

Dec. 25, Catholic Mass, 10 a.m.

Dec. 31, Catholic New Year's Eve Mass, 5:30 p.m.; Gospel Watch Night Service, 10:45 p.m.

Visiting Choir

The Villalta di Gazzo choir will perform at Catholic Sunday Mass Jan. 2 at 9 a.m. in the Post Chapel.

AFAP issues

Army Family Action Plan is collecting issues for the 2011 AFAP Conference. Submit your issues at www.vicenzamwr.com/acs_afap.html. The deadline for issue submission is Jan. 31. For more info, call ACS at 634-8526/7500.

EDGE! Bowling

EDGE! Holiday Break Bowling is Monday-Dec. 29 on Mondays and Wednesdays, 3:30-5 p.m. The program is open to youth in grades 6-12. Enroll at Parent Central Services or online or call 634-7219.

SAC sledding trip

Join School Age Center on a sledding trip to Asiago Jan. 8. The trip is for CYSS youth grades 1-6. Cost is \$45 and includes child care, admission, transportation, lunch and a snack. Save \$16 by using free childcare hours. Register by Dec. 31. Call 634-5700.

Become a volunteer

Become a community volunteer, build your experiences and resumé and meet a new network of people. Call the Army Volunteer Corps to find out about the volunteer opportunities in our community. Register at www.myarmyonesource.com to log your hours. Call 634-7500 for more information.

Tap dancing class

Tap dance classes begin Jan. 11 for 4 weeks with instructor Linda Dahlstrom. Beginners classes are Wednesday, Intermediate are Tuesday and Advanced are on Thursdays. Classes begin at 5:15 p.m. Call 634-7281 for more info.

Story time

The next preschool story time is Jan. 5 at 11 a.m.

Book club

Discuss "Taste of Conquest" by Michael Kronld at Book Club Jan. 6 at 7 p.m. Review the booklist at www.vicenzamwr.com/library.html and vote for your favorites for upcoming book club discussions.

Art exhibit

CYSS is hosting an art exhibit Monday-Dec. 31 at the library. Stop by the library and vote for your favorite artwork.

Arts and Crafts

- Kids' Craft Club is every Wednesday from 4-6 p.m.
- Intro to Framing is Saturday, 10 a.m.-2 p.m. Cost is \$40, including a picture to frame and supplies.

- A three-week Junior Spinning on the Wheel class begins Jan. 5. Learn the basics of throwing on the wheel, trimming and glazing. Class is open to ages 7-11 and is held Wednesdays, 3:30-5:30 p.m. Cost of \$60 includes all materials.

- Adult Wheel classes are Jan. 8 and 22, 10 a.m.-noon. This is a two part class for \$50.

- Teen Hand Building with Clay is Jan. 6, 3:30-5:30 p.m. The class teaches basic techniques and is fun and easy. Cost is \$20 and includes all materials. Open to ages 12-18. Call 634-7074 for info.

Saturday Care

Reservations for Saturday Care on Jan. 8 are needed by Dec 23. Contact CDC 398 at 634-5008. Space is limited.

Spouse career assessment workshop

The Army Spouse Career Assessment Workshop meets Tuesday 10-11 a.m. Learn about a tool to help you find direction for making career decisions. It helps you identify seven key characteristics by assessing your values, temperament, personality preferences, skills, talents, interests and fascinations. For more info, contact the Employment Readiness manager at 634-6884/7500.

Romp-N-Stomp play

The next playgroup is Wednesday 10-11:30 a.m. The playgroup allows parents and their children to play together in a group setting. The new location is Bldg. 395. For info, call 634-7567/7500.

Bowl for a buck

Match Santa's score Saturdays in December and receive a coupon for \$1 off a game of bowling.

Country night

Thursdays are Country Night at the Lion's Den, 8 p.m. - closing.

New Year's Eve

Ring in the New Year at the Arena Lion's Den. Enjoy a finger food buffet 8 p.m.-midnight with drink specials and party favors. Or enjoy a special bowling package for \$49.95. Package includes 3 hours of bowling, shoes, one large pizza and one pitcher of soda.

Teen scavenger hunt

The Teen Center and Club Beyond will host a scavenger hunt at Villaggio for all high school-aged

youth Saturday from 7-10 p.m. The meeting point is the Villaggio Youth Center. Call 634-7659.

Multi-cultural spouses

The Multi-Cultural Spouses club's holiday pot luck luncheon is Friday, 11:30 a.m.-1 p.m. Share your favorite dish from your home country. Everyone is welcome! For more info, call Relocation Readiness at 634-7500/8525.

Homeschool events

- Friday, Italian Enrichment, 9:30 a.m. - 4 p.m. Class resumes Jan. 14.
- Saturday, Cookie social, carols and ornaments, time TBD

For info, e-mail vicenzahomeschoolconnection@yahoo.com.

Outlook publication

The final edition of *The Outlook* for 2010 is Dec. 16. The first edition of 2011 will come out Jan. 7.

Marriage retreat

The USAG-Vicenza Unit Ministry Team will host a Strong Bonds marriage retreat Jan. 11-14 at the Edelweiss Lodge and Resort in Garmisch, Germany. This retreat is open to Soldiers assigned to the garrison or medical units and their spouses but Soldiers from other units can check availability after Dec. 21. Call 634-6454 / 7519 for more info or to reserve a spot.

MOMS Club events

- Dec. 16: Out-n-About, 9 a.m.; Bunco, 7 p.m.
- Friday: Monthly meeting, 10 a.m.; Mom's night out, 7 p.m.
- Monday: Caroling, 6:30 p.m.
- Dec. 29: Pool play, 10:30 a.m.

For more info or to join, e-mail momsclubofvicenza@yahoo.com.

USARAF Bowling Bash

USARAF staff and their families are invited for free food and fun at the Arena Friday from 2-5 p.m. There will be a visit from Santa Claus with gifts for the children. For more info, call 634-6084.

Holidays at DFAC

The Dining Facility will offer special holiday meals on Dec. 24 and Dec. 25 9:30 a.m.- 1 p.m. and 4:30-5:30 p.m. Meals cost \$7; \$5.95 discount rate for family members of E-4 and below. The menu will be the same as Thanksgiving, including turkey, ham, prime rib, roast beef, fried shrimp, roast pig and a variety of sides and desserts.

Community Calendar Highlights

Friday: Clinic closed after noon - see other health clinic closure dates below

Dec. 23: Training holiday

Dec. 24: Federal holiday

Dec. 31: Federal holiday

Health clinic closures

The Health Clinic will be closed Friday after noon, Dec. 23-25, and Dec. 30-Jan.1. For urgent concerns or emergencies, go to the nearest hospital or call 118. Call the patient liaisons at 0444-75-3300 or 634-8384. Pregnant patients can call 0444-61-9150. Visit tricareonline.com for appointments. Call the 24-hour nurse advice line at 800-877-6660.

BOSS Events

See page 6 for BOSS events.

UMUC classes

Register for University of Maryland University College spring session 1 (Jan. 24-March 11) by Jan. 23. Session includes: Italian 1, 2 and 4, Human Biology & Lab, Human Resource Management, College Math, Philosophy Moral Issues, Psychology Adjustment, Advance Expository Writing and Library Research. Enroll and purchase books by Jan. 10 and get books 50 percent off. Active duty and military spouses, apply for a \$100 book scholarship. For info, call 634-7055 or e-mail vice@europe.umuc.edu

U of Phoenix degrees

The University of Phoenix offers master's programs in MBA, MAED, classroom or online. Classes are 6-weeks long and offer continuous enrollment. Most students can complete their MBA or MAED in less than two years. For more info, call at 634-8928 or e-mail Sarah.Foley@phoenix.edu.

Fundraising

Community groups can raise funds with the PX's gift wrapping program. Interested organizations should call 634-7796 or 634-8550.

Mascot contest

Deadline for the Vicenza Middle School mascot competition is Friday. Drawings can be submitted to the front office or e-mailed to Cathy.hall@eu.dodea.edu.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call 634-KARE (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC Bible study. Dinner provided. No child care.

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Call 634-7519 (0444-71-7519) for info.

Jewish: Call Paul Levine at 345-907-2108.

Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Scripture study held Mondays, noon-1 p.m. at the chapel.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.



Photo by Laura Kreider

Spreading cheer: Soldiers' Theatre performed "Making Spirits Bright" at the Teatro Ca' Balbi in Vicenza Sunday. The show was sponsored by the local Centro Ricreativo Culturale Bertesinella. A group of 21 local Italians also attended the show on post, escorted by the USAG Vicenza Public Affairs Office staff as part of the Host Nation Community Relations program.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m Friday if Monday is a holiday.



Photos by Anna Calabrese

James Jones swims at the Mako Sharks swim meet Sunday. Jones and nine other Mako Sharks swimmers have qualified for the European Championships, which will be held in Eindhoven, Netherlands, in mid-February.

Several Mako Sharks swimmers qualify for championships

By Lt. Col. John Casey
Special to the Outlook

The Vicenza Mako Sharks made a strong showing at several recent European Forces Swim League meets, competing in Brussels, Aviano, and Vicenza against six other teams.

During the Thanksgiving weekend, the team traveled to Belgium to swim in an international meet that included swimmers from 23 other nations. In Brussels, they won the first event of the day, the 10 and Under Medley Relay. Jamie Casey, 8, qualified for the EFSL Championships in the 100 freestyle, the 50 freestyle, and the 50 breaststroke.

On Saturday, the team competed against swimmers from Aviano, Naples, and Sigonella at Aviano, placing second behind Naples. Many swimmers achieved personal best times and Matteo Borsi, 14, broke a nearly-decade-old EFSL record in the boys 13/14-year-old 200 individual medley. Hayden Diaz, 9, qualified for the championships in the 100 meter freestyle and Blake Guerrero, 11, qualified in the 100 individual medley.

Sunday, the Sharks hosted a home Pentathlon meet which



Jamie Casey, 8, competes in a meet Sunday.

included more than 140 swimmers from Aviano, Naples, and Sigonella. Vicenza placed second to Naples.

Maj. Gen. David R. Hogg, commander of U.S. Army Africa, opened the meet and served as a volunteer timer.

“Competing in a Pentathlon is incredibly difficult,” said Michelle Hughes, head coach. “Swimmers must compete in five individual events and swimmers with the overall fastest combined times will take home a medal.”

Rima Gasparini, 15, took the gold medal for her dominating performance in the 14/15 girls division while James Jones, 13, John Casey, 12, and Thomas Clark, 10, each took home silvers.

“Our younger swimmers continue to improve at every meet,” said Cassie Benjamin, assistant coach.

Anuk Dayaprema, 11, qualified in the 50 back, bringing the total number of Vicenza swimmers qualified for the European Championships to 10. Other qualified swimmers include Gasparini, John Bonney, 15, Elizabeth Bonney, 14, Borsi, Jones, Guerrero, Diaz, James Bonney, 8, and Casey, 8.

“Vicenza won both Coaches’ Relays, demonstrating our coaches can swim against the best in Italy,” said Stacy Bass, the team statistician.

The Sharks will compete in England and Spain in January and will host the Southern Divisionals at the Italian Olympic Training Center in Lignano, Italy, on Jan. 22. The European Championships will be held in Eindhoven, Netherlands, in mid-February.



Volunteers, including Commanding General Maj. Gen. David R. Hogg, left, time swimmers at Sunday’s meet.

EDGE! Program upcoming events

The following CYSS EDGE! after school programs for youth in grades 6-12 are coming up. Enrollment may be done online using WEBTRAC or at Parent Central Services, Davis Hall, Bldg. #108. Space is limited for all programs.

1. The Ski and Snowboard Maintenance Program is Mondays, 4-5:30 p.m. at the Outdoor Recreation Center, Bldg #249. This is an on-going

class for youth to learn to wax and maintain their skis or snowboard.

2. The Winter-Spring Fitness Program runs Jan. 10-May 19, Mondays, Wednesdays and Fridays at the Post Fitness Center, 3:15-4:45 p.m. A professional fitness instructor will help youth learn healthy exercises. Enrollment begins Dec. 27.

3. Winter Soccer starts Jan. 18 on Tuesdays and Thursdays, 4-5:30 p.m.

at the turf field.

4. The Teen Scene Magazine meets every Thursday, 4-5:30 p.m. at the Post Library. Learn to write stories, create a quarterly online/print magazine and learn about the production of a magazine.

For information, call Parent Central Services at 634-7219 or Tom Hlavacek, EDGE! Program Manager, at 634-7502 or 335-818-6927.

Water fitness class

The Master Swim class begins Jan. 4. Swimmers will work on stroke techniques, conditioning and endurance. Class meets for one hour Tuesdays and Thursdays at 5:30 p.m. and Saturdays at 8:30 a.m. Call 634- 6536 or 634-8645 for registration and information.

Zumba class

Join the Zumba fitness classes on Mondays, 10:30-11:30 a.m., Tuesdays, noon-12:45 p.m. or Thursdays, 9:15-10:15 a.m. Zumba is a style of dance-aerobic workout to Latin music. Tone and sculpt your body while burning fat. No previous experience required.

Seeking group instructors

The Fitness Center is seeking certified group fitness instructors. Not certified? Stop by the Fitness Center and get information on how you can become certified and get paid while you lead a work out. Call 634-7887 for more information.

Volleyball officials clinic

A volleyball officials clinic is Jan. 10-15 at 6 p.m. in the Fitness Center upstairs conference room. Prior experience is not necessary. Officials, scorers and timers are needed for the season. Sign up by Jan. 5 at the Fitness Center.

Volleyball open play

There will be volleyball open play matches Jan. 15 at 9:30 a.m. at the Fitness Center. Sign-up at the Fitness Center as soon as possible to have fun and help volleyball officials gain experience.

Recreational volleyball

A recreational volleyball league starts around Feb. 24. A coaches meeting is set Feb. 17 at 2 p.m. in the Fitness Center upstairs conference room. Coaches should bring a roster. Sign up by Feb. 17.

Racquetball tournament

A racquetball tournament is set Jan. 21-22. There is a participants’ meeting Jan. 21 at 6 p.m. in the Fitness Center. The tournament has male and female divisions and includes: beginners, 0-2 years experience; intermediate, 2-5 years experience; advanced, more than 5 years experience; open play; doubles. There is a prize drawing and 1st & 2nd place awards per category. Sign up by Jan. 14.

Dodge ball league

The recreational dodge ball league starts around Feb. 8. There will be a coaches meeting Feb. 2 at 2 p.m. in the Fitness Center upstairs conference room. Coaches should bring a roster. Sign up by Feb. 2.

Unit & rec play

Basketball: 11:45 a.m.-1:30 p.m. Mondays, Wednesdays and Fridays for 10 or more, fitness center.

Volleyball: 6:30 p.m. Tuesdays for 8 or more players, fitness center.

Men’s Soccer: 7-8:30 p.m. Tuesdays and Thursdays for 11 or more players.

Women’s Soccer: 5:30-7 p.m. Tuesdays for 8 or more players. Call 634-7009.